



5th Annual Multi-County

Suicide Prevention

Summit

Friday, September 27, 2024

8:30am to 4:30pm

This Summit is free thanks to the Mental Health Services Act, our community partners, our sponsorships, and participating counties.



Department of Behavioral Health





Schedule



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| 8:30am - 8:45am | Welcome & Housekeeping |
| 8:45am - 10:00am | Keynote Speaker - Kevin Hines |
| 10:00am - 10:15am | Break |
| 10:15am - 11:30am | The Doctor is in: Suicide Prevention in a Medical Setting |
| 11:30am - 12:30pm | Becky Stoll, LCSW - Critical Role of Follow-Up after a Crisis |
| 12:30pm - 1:30pm | Lunch |
| 1:30pm - 2:45pm | Dr. Frank Campbell - LOSS Team Model |
| 2:45pm - 3:00pm | Break |
| 3:00pm - 4:15pm | Local Outreach to Suicide Survivors (LOSS) Panel |
| 4:15pm - 4:30pm | Closing Remarks |



Workshops



Kevin Hines Keynote

Kevin Hines will share his powerful story of surviving a suicide attempt and moving forward on a path of community advocacy. He has spoken in congressional hearings alongside Patrick Kennedy in support of The Mental Health Parity Bill. He continues his policy work as an Ambassador to the National Council for Behavioral Health. Hines will share strategies for effective community advocacy, detail elements of the successful lobby effort to get a barrier in place at the Golden Gate Bridge, and identify ways for participants to become advocates for mental health care and suicide prevention within their home communities. Hines will also identify ways in which including the voices of lived experience is essential in effective community-based suicide prevention work.

The Doctor is in: Suicide Prevention in a Medical Setting

This panel of experienced providers will discuss ways in which depression and suicide screening can be implemented in primary care and other community health settings. Attendees will review screening tools that can be used in community settings, learn to recognize indicators that mental health screening is necessary, and identify referral resources. Providers will also discuss the multi-disciplinary approach to mental health screening. Barriers impacting persons of color seeking care will be discussed and panelists will relate strategies for navigating these barriers.

Post Crisis Contact Needs a Good Wingman

This presentation will address the high risk of suicide for individuals post crisis visit.

A detailed follow up protocol project demonstrating positive outcomes will be presented. Attendees will be able to identify follow up strategies and protocols that correlate with a decreased risk of suicide and a decrease in stigma surrounding mental health concerns. In addition, innovative technology for use in supporting those at risk of suicide will be shared and attendees will be able to incorporate and implement support strategies from the LifeTiles app in client care.

The top corners of the page feature decorative floral illustrations. On the left, there are several yellow and orange flowers with green leaves, rendered in a sketchy, artistic style. On the right, there are similar flowers, including some that are more fully colored in yellow and orange, with some green leaves. The overall aesthetic is soft and natural.

Workshops

Evolution of the APM known as the LOSS Team

LOSS – Local Outreach to Suicide Survivors – is an active post-vention model. This model involves two or more volunteers, called a LOSS Team, proactively going to the scene of a suicide to provide immediate support to those left behind. Made up of trained suicide loss survivors, and sometimes other concerned community members, LOSS Teams go to the scene of a suicide to support survivors. Attendees will be able to apply strategies for forming LOSS teams within their own communities.

The LOSS Team model was originally created by Dr. Frank Campbell at the Baton Rouge Crisis and Trauma Center in 1998. Dr. Campbell identified that it was taking loss survivors an average of more than 4 years before they reached out for support. Dr. Campbell will detail the components and efficacy of this post-vention response and how the application of this in practice connects loss survivors to community resources and supports, ultimately reducing risk of suicide.

Local Outreach to Suicide Survivors Panel

The mission of a Local Outreach to Suicide Survivors (LOSS) Team is to reduce suicide bereavement distress of those immediately impacted by providing compassion, support, and providing information about available resources. This allows for the promotion of hope for the newly bereaved, as they begin the journey of healing. Outcomes include the suicide survivor accessing resources and/or seeking support within months rather than years after the death occurs.

Research has revealed that suicide-loss survivors present higher levels of depression, and suicidal ideation and behavior than other bereaved individuals.

Suicide loss has also been associated with other deleterious psychosocial consequences. The turmoil of guilt, shame, anger, and embarrassment that follow the suicide of a loved one seems to facilitate social withdrawal and efforts to conceal the cause of the significant other's death. This panel of community members will share effective strategies for connecting survivors of suicide loss to community supports. Panelists will share their experiences of loss and advocacy.

Speakers

Kevin Hines

Kevin Hines is a multi-award-winning filmmaker, bestselling author and an award-winning global suicide prevention and mental health advocate. Diagnosed with bipolar disorder at age 19, he survived a suicide attempt from the Golden Gate Bridge two years later. Since then, Kevin has dedicated his life to spreading hope and discussing mental health openly. His memoir, "Cracked, Not Broken," became a bestseller, and his documentary, "Suicide: The Ripple Effect," has won multiple awards. Kevin's impactful story has reached diverse audiences worldwide. He has received numerous accolades, including the Clifford W. Beers Award from Mental Health America and a Lifetime Achievement Award from the National Council for Behavioral Health. The U.S. Department of Veterans Affairs has awarded him more than 70 military excellence medals as a civilian.



Becky Stoll, LCSW

Becky Stoll is the Senior Vice President of Crisis Services at Centerstone, leading the administrative and clinical operations of their crisis call center, their 988 crisis chat/text national back-up center, mobile crisis response teams, and crisis stabilization units across multiple states. Becky has over 30 years of experience in crisis services, disaster mental health, and suicide prevention and has held many positions at Centerstone since 1999. Prior to joining Centerstone, Becky served as the Director of Admissions, Utilization Management and Social Work at First Hospital Corporation in Nashville, Tennessee. Becky serves on several national and international committees including the 988 Crisis Suicide and Crisis Lifeline Steering Committee. Her work has been featured in major publications like Time Magazine, The Washington Post and USA Today. We are so fortunate to have her.



Frank Campbell, Ph.D., LCSW, C.T.

Dr. Frank Campbell is the Executive Director Emeritus of the Baton Rouge Crisis Intervention Center and Founder of the National Suicidology Training Center (NSTC). He also serves as a volunteer Assistant Coroner in East Baton Rouge Parish and is a Senior Consultant for Campbell and Associates Consulting, where he consults with communities on active postvention efforts and Forensic Suicidology cases. A pioneer in the field of suicidology, most known for working with those bereaved by suicide, he introduced the Active Postvention Model (APM), also known as the LOSS Team (Local Outreach to Suicide Survivors) in 1997. Dr. Campbell's work has been featured in Discovery Channel documentaries, professional journals, and book chapters. He is a past-president of the American Association of Suicidology and an Army veteran, contributing to the TAPS program for military families.



Panelists

The Doctor Is In: Suicide Prevention in a Medical Setting



Cory D. Jaques, MD

Program Director, Child & Adolescent Psychiatry Fellowship Program

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Carmela Sosa-Unquez, MD, FAAP

Director, Guilds Center for Community Health Assoc. Program Director, Valley Children's Pediatric Residency Program

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Michelle Jo Park, MD

Owner/CEO of Michelle Jo Park, MD Inc. Psychiatrist for Council on Aging Southern California

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Alexandra Addo-Boateng, EdD Psy

Director of Perinatal Mental Health Services

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Local Outreach to Suicide Survivors



Jacquelyn Rivera, LCSW PPSC

Program Director, OC Suicide Survivor Support Services

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Kathleen Cromwell, LCSW

Executive Director, Counseling & Support Services

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Jackie Jones, LMFT

Licensed Clinician

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Sophia Balestreri

LOSS Program Coordinator

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Moderators



Darcy Massey, LCSW **dmassey@tularecounty.ca.gov**



Darcy Massey is a Licensed Clinical Social Worker and has worked for Tulare County for over 20 years in various positions. She began her career with the county as a social worker for Child Welfare Services (CWS). She has also held the following positions within CWS: Clinical Social Worker, Supervising Licensed Clinical Social Worker, and Family Advocate Manager. In 2019, she transferred to her current position in the Tulare County Mental Health Branch as the Family Advocate Manager for the agency. Darcy is currently the Director of the Tulare County Suicide Prevention Task Force and has been involved in these efforts for over 15 years. She is also a member of the LOSS Team (Local Outreach for Survivors of Suicide) and provides grief and bereavement counseling for survivors of a suicide loss. In her free time, she is a busy mom of 2 teenage boys.

Nicole Johnson **nicole_johnson7@cuesta.edu**



Nicole Johnson is the Director of Student Health Services at Cuesta College in San Luis Obispo and the President of the Health Services Association for California Community Colleges (HSACCC). At Cuesta College she oversees the health services program, ensuring students have access to comprehensive health services including mental health support. Her leadership for HSACCC involves leading the organization in their mission to support and foster student access to quality health service programs within the California Community Colleges system. She also serves as the chair for HSACCC's research team, which aims to build evidence that supports college health research to improve student learning and engagement. She holds a master's degree in nursing.



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PEP22-08-03-005



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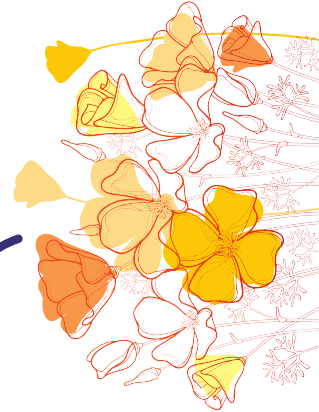
CalHOPE Warm Line
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calhope.dhcs.ca.gov.



310-855-4673 (HOPE)
Open Daily 6-10PM PST
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Note to Attendees



Thank you for joining us and continuing to support the Multi-County Suicide Prevention Summit.

If you have questions regarding Continuing Education credits, please e-mail our CE provider, CIBHS at conferences@cibhs.org

If you have questions regarding Continuing Medical Education credits, please e-mail our CME provider, Valley Children's Healthcare at CME@valleychildrens.org

If you would like to receive a Certificate of Attendance, please e-mail tmhatraining@t-mha.org



5th Annual Multi-County Suicide Prevention Summit
"The Evolution of the APM Known as the LOSS Team"
Frank Campbell, PhD, LCSW

Claiming Your CME Credit

Thank you for your participation in the 5th Annual Multi-County Suicide Prevention Summit on Friday, September 27, 2024. This is a friendly email to remind you to complete the program evaluation and claim your *AMA PRA Category 1* CME Credit.

Valley Children's Hospital designates this live activity for a maximum of 1.25 *AMA PRA Category 1* Credit(s)™. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

- Scan the QR code to CME Tracker and create your profile.
- Or go to the CME Tracker website
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- Sign In at the top right and *Create Account*
- Click on *My Portal* -> *Claim Credit/Certificates*
- Enter program Activity Code **36924**, complete the survey, claim credit, and print your CME certificate.



The opportunity to claim your *AMA PRA Category 1* CME Credit will be available until Friday, October 11, 2024.

You may email CME@valleychildrens.org if you need assistance with your CME certificate.



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The mission of Save A Life Today is to promote a suicide-safer community in Kern County by promoting suicide prevention and assisting those bereaved by suicide

