## **SOSL Advisory Committee**



June 6, 2023

Hinds Hospice Fresno Survivors of Suicide Loss







# Jon

Thank you for your support as an Advisory Team!





#### Announcements and Updates

#### LOSS Team

- Recruitment video made- Brian is creating a short version for our website.
- <u>Results of engagement survey</u>
- 14 LOSS volunteers, 2 inactive
- 4 trained on-call clinicians
- Increased delayed visits allowing for more specialized support
- Recruitment continues





#### Announcements and Updates

Moms to Moms



- Rotation between support meetings, social events and volunteer events
- Sponsored table at the Hinds Hospice Tea
- Volunteered at Ronald McDonald House
- Return of the Mother's Day Brunch (sponsored by the Central California Women's Conference)



















Yoga, taking the time to enjoy the peace of nature and outdoors, not worrying about a daily routine I'd like to take away peace, understanding and ways to work on my healing in this lifelong journey. Yoga, relaxing quiet time, I love painting and pottery, I would be open to try various activities Hopefully I come away with less anxiety about attending an event like this  $\bigcirc$ ! Feel free to meet people and hear their stories. Enjoy fresh air and relax. Relationships with others who have experienced a loss like ours. Time with other survivors, self restoration, different workshops Focus on me, some clarity, and just relax Helpful techniques to share with others Love, understanding, and friendships. Unload my guilt. Working Agenda





Tell us something that you loved about the retreat.

I love the sincerity of the staff. They were very involved

I loved everything especially the bed

Everything but especially the making of the wind chime and the Remembrance Ceremony. I also loved the art project with Tony.

I am so grateful I was able to participate. It was a wonderful opportunity to connect with my emotional self.

I enjoyed the entire retreat. Everyone was friendly, thoughtful, respectful and inviting. It was very well organized down to the smallest details. I appreciate everything Candice, Kathy and Teri did to facilitate the Retreat. I had a very positive experience. I especially enjoyed the art project and the thoughtfulness of adding our loved ones to the wind-chime.

I really enjoyed meeting new people and also getting to know those I already knew a little better. It was a wonderful experience-Thank you!!

I loved everything about it. I am grateful for the time and effort you all put into it. It was perfect and everyone there was great. Thank you.

I loved getting to know the individuals that attended. It really felt like everyone was welcoming and that everyone is on a healing journey and we are not alone. This was something well out of my comfort zone but I'm so glad I did This and got to be a part of this journey to healing.

Having the opportunity of painting my picture!!! What a surprise for me!!!



#### **Overview of Current Goals:**

- Provide support on out of county notifications
- Meeting with Rural police departments to increase knowledge of LOSS Team and resources
- Presence at all suicide calls
- Grow teen group significantly in 2023
- Reconnect with advisory team members that we have not seen in a while
- Spanish speaking support group
- Continue to create awareness of SOSL services
- Increase individual counseling sessions



## LOSS CALL data to date

Current

-Number of suicide deaths to date (fiscal year) 87

-Number of survivors added to service 170

-Number of survivors served on scene/delayed 419 (average 4.81)

-Number of survivors bags handed out 225

#### LOSS Team/Fresno County contract

-July 1 start of the 5th year of the 5 year contract

-Hinds/Fresno Survivors of Suicide Loss hopes to retain the contract and will bid, if needed



### **Upcoming Events:**

Hinds Hospice Gala, Friday, September 8th Honoring Lori Weichenthal MD with the Dick and Sandy Gallagher Award

- Nechama Suicide Loss Grief Support Retreat, September 16-17
- Out of Darkness AFSP walk September, 23rd



## **Community Connection and Engagement**

LOSS informational table at First Responder Peer Support Summit Table at PTSD First Responder documentary screening Mental Health Awareness Month, May 2023- 16 events in 38 days First Responder Grief Support Group 2x a month Kathy to Co-chair Fresno County Suicide Prevention Collaborative

### **Continued Program Development**

- Translation of children's book to spanish
- Interest list for spanish speaking support group
- Filming of Understanding Grief Workshop in spanish

## Round Table: Program and event updates from the team

ALC: NO.



