

## WHO DO FIRST RESPONDERS SEE WHEN THEY NEED HELP? PROVIDING CLINICAL CARE TO FIRST RESPONDERS

## SIX-HOUR CONTINUING EDUCATION COURSE FOR LCSWs, LMFTs, & LPCCs

**About the course:** Lack of First Responder cultural competency and unfamiliarity with personality characteristics of First Responders can make it difficult to develop rapport. Developing an effective therapeutic relationship can be very challenging. This course will provide clinicians the opportunity to hear from experienced clinicians who specialize in working with First Responders and hear directly from representatives from law enforcement, fire and emergency medical services. While there are commonalities amongst the various First Responder occupations, there are also unique differences between the occupational cultures and the individuals working in them. This course is designed to provide mental health clinicians with knowledge that will help them work effectively with First Responders.

**Who should attend:** The course is designed to assist any licensed mental health clinician who either sees First Responders in their clinical practice or may be interested in working with First Responders in their clinical practice.

## **Course objectives:**

- 1. Become familiar with the general aspects of work as a law enforcement officer, firefighter and emergency medical service provider.
- 2. Increase awareness of unique aspects of the occupational culture of First Responders.
- 3. Learn about the common personality characteristics of First Responders in general and about the occupational differences between them.
- 4. Better understand the paramilitary structure of First Responder organizations.
- 5. Be able to recognize the clinical challenges clinicians may encounter working with First Responders.
- 6. Learn about how the work of First Responders too frequently impacts and potentially can change the course of their personal lives.
- 7. Understand that working with First Responders frequently involves working with and through trauma.
- 8. Better understand the rate of mental health issues and the common mental health issues experienced by First Responders, including increased rates of extra-marital affairs, divorce and increased risk of suicide within

the

First Responder community.

9. Understand that clinical work with First Responders frequently involves hearing graphic details of what the First Responder did, saw, and even smelled on traumatic incidents. Thus, clinician need to be prepared for their own potential vicarious trauma.

## Presenters:

Jocelyn Roland, Ph.D. – Alvin Green, L.C.S.W. – Representatives from local and statewide First Responder agencies' When: Wednesday, January 12, 2021 – 9:00 AM to 4:30 PM Where: CrossCity Church

2777 E. Nees Ave., Fresno, CA 93720

**Tuition:** \$75.00 (includes catered lunch). Use this link to register for the course: https://www.eventbrite.com/e/providing-clinical-care-to-first-responders-tickets-169659452991 A portion of your tuition will be donated to NAMI-Fresno. Registration Due By: Friday, January 7, 2022. Cancellations made prior to January 7, 2022 will be refunded, less a \$10.00 processing fee. There will be no refunds after January 7, 2022. Substitutions will be permitted.

This course meets the requirements of the CA Board of Behavioral Sciences for 6 hours of continuing education for LCSWs, LMFTs and LPCCs.

For Additional Information, Please contact Ken Katz, LCSW at (559) 349-0238 or via email kkatz@americanambulance.com