

# SEPTEMBER Events, Activities and Trainings

September Themes:

National Recovery Month - Recovery is for Everyone: Every Person, Every Family, Every Community  
Suicide Prevention Month – Supportive Transitions: Reconnect, Recenter & Rebuild



## Events/Activities

- **Thursday September 2nd** – Art Hop 5-9pm, Downtown Fresno
- **Saturday September 4th** – Rock to Rebuild, Shaver Lake Community Baseball Field
- **Tuesday September 7th** – BOS Proclamation for SP Month and Recovery Month
- **Saturday September 11th** – Fresno State Game & Fresno Street eats
- **Thursday September 16th** – Art Hop 5-9pm, Clovis
- **Saturday September 18th** – AFSP Out of Darkness Walk at Woodward Park
- **Friday September 24th** – Fresno State Game & Fresno Street eats
- **Saturday September 25th** - Soberstock (virtual event on YouTube)

## ALL MONTH EVENTS

- Emails to all county to promote SP and Recovery Month
- Suicide Prevention and Recovery Month campaign provided by JP Marketing
- Media campaign that includes web and social media, radio and broadcast TV.
- Seed cards to pass out and plant
- Other creative projects
- Coffee Sleeve distribution to coffee shops to promote SP Month

## Trainings/Webinars

- **Tuesday September 7th from 2-3PM** – Suicide Prevention 101 provided by Central Valley Suicide Prevention Hotline
- **Tuesday September 7th from 10-11AM** – Messaging Matters Webinar
- **Wednesday September 22nd from 5:30PM – 7:30PM** Suicide Prevention 101/Prevención del Suicidio 101 (in Spanish)
- **Thursday September 30th from 9AM to 5PM** – Multi-County Suicide Prevention Summit 2021
- LivingWorks Start Training is available.

**“YOU ARE LOVED”**

Remember, we're all in this together.  
Reach out to the ones who seem like they need help or encouragement. They might need hope more than you know.

**Reconnect. Recenter. Rebuild**

We're here to help. Call 1-800-273-8255

[Learn More](#)

**Fresnocares.org**  
brought to you by Fresno County  
Department of Behavioral Health.

## Resources

### Know the Signs

Pain isn't always obvious. Yet most people who are considering suicide show some warning signs or signals of their intentions. Learn more about the warning signs at [www.SuicideisPreventable.org](http://www.SuicideisPreventable.org)

If you or someone you know needs help, please know that you are not alone. Crisis lines, counselors, intervention programs, and more are available to you, whether you are in crisis yourself or concerned about someone else.

### Additional Resources:

- DBH Access Line: 1-800-654-3937
- CalHOPE Warm Line: 1-833-317-4673
- National Suicide Prevention Lifeline: 1-800-273-TALK (8255)
- Crisis Text Line: Text HOME to 741-741
- The Trevor Project (for LGBTQ Young People): 1-866-488-7386
- Friendship Line (for Older Adults): 1-800-971-0016
- Trans Lifeline: 1-877-565-8860
- Teen Line: Call 1-800-852-8336 (from 6 p.m. to 10 p.m. PST)



Department of  
Behavioral Health